

## **Dog Walk Across America, for pet therapy and animal rescue**

April 6, 2012

In March of 2012, Kait and John Seyal - joined by their two therapy-certified dogs, Max and Grace - began a coast-to-coast walk across America. Max and Grace are certified and insured through the Kentucky-based nonprofit organization, Pawsibilities Unleashed, to perform therapy visits and educational programs. As they walk from city to city, they are making Animal Assisted Therapy visits at hospitals, retirement homes, children's homes, schools, and anywhere else a dog's unconditional love and positivity are needed. For individuals and their families struggling with pain, illness, and stress, the unconditional love of a dog offers a priceless moment of joy and relief. Animal Assisted Therapy has been proven to lower blood pressure, reduce stress, and speed healing. Kait and John hope to share the benefits of Animal Assisted Therapy with those in need all across America. It is their goal to inspire others to become involved with Animal Assisted Therapy by becoming volunteer therapy teams, participating facilities, or supporters of Animal Assisted Therapy organizations.

In addition to being Certified Therapy Dogs, Max and Grace are also rescue dogs, adopted as adults from the Camelot Puppy Sanctuary in McArthur, Ohio. Kait adopted Grace in 2007 and John adopted Max in 2009. Often, people avoid adopting any rescue dog - especially an adult - due to the belief that most rescues are damaged goods, carrying the baggage of some terrible health or behavior issue. This is simply not true. Max and Grace are living proof that many rescue dogs can truly accomplish anything with some direction, patience, and love – all they need is a chance.

This team of four began their journey at the head of the American Discovery Trail in Cape Henlopen State Park in Lewes, Delaware on March 1, 2012. They will walk approximately 100 miles each week, averaging around 20 miles a day. They expect to reach their final destination of San Francisco, California within nine months. They will camp for most of the trip and stay with volunteer host families when possible. Kait and John are actively seeking support and sponsorship for their efforts. Donations can be made through their website, and money raised in surplus of what is required to complete the walk will be donated to Pawsibilities Unleashed, to support their work training rescued animals for service and therapy work.

If you are interested in contacting the team for a therapy visit, hosting them for a night's stay, wish to offer help, or simply want to send a message of encouragement, please visit their website at [www.DogBlogUSA.com](http://www.DogBlogUSA.com) or send an email to [DogBlogUSA@gmail.com](mailto:DogBlogUSA@gmail.com). You can also follow them on Facebook by liking "Dog Blog USA", or following @dogblogusa on Twitter.